

Built for DSPs. By people who get it.

DSP Action Plan Worksheet

My First 30 Days - Mapped Out.

Name:

Setting / Role:

Date Started:

MY FIRST-WEEK PRIORITIES

Check each item as you complete it during your first week.

- ☐ Bookmark Hunters Helpers so you can always find it quickly.
- ☐ Download and read one resource from the Knowledge Hub.
- ☐ Highlight 2-3 things that apply to your current clients or situations.
- ☐ Try one idea from the resource during your next shift.
- ☐ Post an introduction in the Hunters Helpers community.
- ☐ Leave an encouraging comment on one other member's post.
- ☐ Complete your first Friday Virtual Miles walk.
- ☐ Write down your 30-day goal (use Section 5 below).

RESOURCES I WANT TO EXPLORE

Write in the resources you want to download and use. Prioritize by what you need most right now.

Priority	Resource Name	Why It's Relevant to Me
#1		
#2		
#3		

REMINDER:

You do not need to download everything at once. Start with the one resource that matches your biggest challenge this week.

MY COMMUNITY GOAL

The Hunters Helpers community is where isolation becomes connection. Set a specific goal for how you will participate.

I will introduce myself in the community by:

In my first 30 days, I will post in the community at least:

You do not need a perfect post - one sentence is enough to start.

Find one person whose situation sounds like yours and follow their posts.

Friday Virtual Miles posts are the easiest way to stay consistently engaged.

HUNTERS HELPERS

FRIDAY VIRTUAL MILES COMMITMENT

Every Friday, DSPs across the country walk together - virtually. Make your commitment here.

I commit to walking on Fridays starting:

My mileage goal per Friday:

5-in-5 Challenge Progress:

☐ Walk 1

☐ Walk 2

☐ Walk 3

☐ Walk 4

☐ Walk 5

The 5-in-5 Challenge: Walk 5 total miles across your first 5 Fridays. Any distance per Friday counts toward your total.

MY 30-DAY GOAL

Write one specific, realistic goal for your first 30 days at Hunters Helpers. Be concrete.

My 30-Day Goal:

I will know I have achieved this goal when:

At 30 days, check what is true:

☐ I have 2-3 go-to resources I use regularly.

☐ I have posted in the community at least twice.

☐ I completed at least one Friday Virtual Miles walk.

MY 90-DAY VISION

Where do you want to be in 90 days? Think beyond downloads - think about how you want your shifts to feel.

In 90 days, I want my shifts to feel:

The DSP challenge I most want to improve at is:

I will recommend Hunters Helpers to a coworker when:

NOTES